

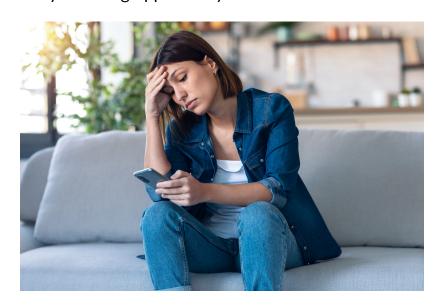
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Financial Abundance the Spiritual Way

There is no better time to be reading this e-book. The world is in transition. Everything is changing. A recession looks likely and this can bring up a lot of fear for people - but the fear that's being brought up is actually a healing opportunity. Fears such as:

- losing your job
- not having enough money to pay your bills
- not having enough money in the future.

These kinds of fears aren't to be ignored or minimized, because if you don't have enough money, it essentially means struggle and can put you into fight or flight mode -



into survival mode. There's a lot of bad news out there, but that bad news doesn't have to be YOUR bad news.

The aim of this e-book is to change your perspective - that is, to view financial abundance from the spiritual perspective, and to have a healthy relationship with money. In a Course in Miracles we are told that miracles are simply that - a change in perspective. When you see what is happening "out there and within your own financial life from the correct perspective, all will be well.

This e-book is based on many of the spiritual concepts I talk about in my books <u>The Money</u> Matrix and The 25 Universal Laws.

I'm going to be sharing with you:

- 6 basic spiritual principles when it comes to being financially abundant
- 7 powerful ways to change your relationship with money

And I'll be giving you affirmations to assist you with integrating this knowledge.

So I want to begin by giving you some foundational spiritual truths about money and abundance.

6 Principles For Financial Abundance

I: The Universal Law of Abundance

This law deems that you have within yourself everything to create an abundant life. We all have, no matter what our circumstances or the world's circumstances. We live in a Universe of infinite abundance, but most of the population of the world right now believes in a world of lack, and so that is what's being created for them.

Abundance is our divine birthright, but we have not been brought up to believe this. This isn't our fault. Our energy field contains ancestral traumas that have created the belief in lack and limitation. People do not believe



possible what they have not yet experienced.

There has been no better metaphor for this truth than the Biblical story of Adam and Eve. Adam and Eve lived in the Garden of Eden where they enjoyed abundance, but they ignored God's will and gave into temptation. Eve ate from the tree of good and evil and they were cast out of the Garden of Eden, and into a world of scarcity, hardship and struggle. This is the story of mankind!

Abundance includes everything that we need to live our best life - good health, love, connection, meaning, purpose, peace, relaxation and physical things. So while this event is about money, it is imperative that you are aware that money will not solve every problem in life and that there are other aspects of abundance that are just as important as having money.

You are worthy of everything you require to live your best life. You are worthy of everything that is in your highest good. The very fact that you have incarnated on Earth qualifies you to receive all that you require to reach your full potential this lifetime.

Because of the ancestral imprints of limitation, we have been believing that we are not worthy of such abundance. We have been believing that hardship and struggle is the way that it is.

The Law of Abundance encourages us to have faith that the power already exists within us to manifest all that will enhance our lives, no matter what is happening out there in the world.

Affirmation: Abundance is my Divine birthright.

2: Money comes from the Source

Whether we call the Source God, Universe or All That Is, the Source is a Supreme Intelligence. You are a part of it and it is a part of you.

Acknowledging that there is a Source is imperative if you wish to create abundance easily. Choosing to do this alone, in a disconnected way - that is through the ego self - is the hardest way to manifest money. When you are Source-connected, you are powerful and you can manifest from the creative plane, not the earth plane. The earth plane is the hardest way to manifest money.

To receive money from the Source, you must remain completely open. Money can come to you in ways that you would never have dreamed of, but unless you are open and willing to receive, the opportunities will bypass you. The Source Intelligence is all-powerful and can manifest in unlimited and surprising ways.

When you focus only on the current earthly reality and the limited ways that money currently comes to you, you close yourself off to the unlimited possibilities that are available to you. They are always there. When you join in the mass belief of negative circumstances such as an economic downturn, a pandemic, a recession, a depression, inflation or unemployment, you allow that reality to take over and disempower you. When you refuse to identify with these earthly realities, you become the power. You operate from a different matrix to all those still in the reality of mass belief, and you have the ability to transcend scarcity and limitation.

Affirmation: Money comes from The Source

3: There are many channels of abundance

On an earthly level, it appears that money comes from your job, your business, the government, your investment, your clients, your spouse or from whatever or whomever you receive it. But all of these are just channels through which the Source sends you money. They are NOT the Source! Too often you can become attached to the channel, believing that it is the Source. When you become too attached to a channel or channels through which money comes to you, you close yourself off to the MANY channels that are available to you, because you remain unaware of them.

When you open yourself up to ALL the channels of abundance, you will begin to become aware of the unlimitedness. Money may come directly to you in different ways. Ideas and

inspirations may come to you, that will lead you to making more money or you may be sent opportunities, helpful people or information that will lead to growing your wealth.

Affirmation: I am open to ALL the channels of abundance

4: The Universal Law of Replacement

This law deems that if you experience a loss of any kind, the loss will be replaced by something the same or better. Energy cannot die; it can only be transmuted into something else. So if you lose your job, or you lose money on an investment, know that it will return to you.

By contrast, the ego believes in loss; it does not trust that everythingwillbereplenished. If we choose to believe in loss, we will feel aggrieved, we will feel the loss and so we continue to create just that, because we block the energy of replacement from flowing back to us. When we trust that the loss will be replaced, we find a sense of inner peace, and it is that inner peace that will allow the energy to flow again, and the loss will be replenished and it will come back to us in divine and perfect timing.



Affirmation: All will be replaced and replenished in Divine and perfect timing

5: The feeling of abundance creates abundance

You may have heard the saying "the rich get rich and the poor get poorer" - it's true! Why? Because the rich feel rich so they keep getting richer and if the poor feel poor, they keep getting poorer. So this is where another important Universal Law comes in. The Law of Attraction deems that whatever you think about, dream about, talk about or write about, you draw to you. So imagining what you want and feeling like you already have it creates the perfect vibration to bring about its manifestation. The Law of Attraction encourages us to trust in the Universe as to the "how". Our job is to visualise and to feel that we already have it.

Affirmation: I feel abundant, therefore I create abundance

6: Gratitude deletes lack

This brings me to The Law of Gratitude. The Law of Gratitude deems that whatever we feel

grateful for, and appreciative of, will expand. When we are in genuine gratitude, we are focusing on what we already have and feeling good about it. From this place we are able to manifest more.

By default, however, we are programmed to constantly notice what is lacking in our lives, and what we haven't got. From this place of lack we cannot manifest anything more. Trying to manifest from a vibration of lack is like trying to grow crops in barren soil. It won't happen!



By practising gratitude on a daily basis, we can shift our mindset from lack to abundance.. Even if you don't have much money, be grateful for what you do have. And using the Law of Attraction, you can give thanks to the Universe in advance for what you're desiring.

Affirmation: I am so grateful for all that I have and all that I shall have

7 Powerful Ways To Change Your Relationship With Money

Let me now share with you 7 powerful ways to change your relationship with money, so that it flows more easily to you. Your relationship with money is like any other relationship you have - how you treat money will influence will greatly influence you abundance.

I.Connection

Having a connection to money means that you are aware of its importance. There is no need to "worship" or "idolize" money - that is not healthy in any relationship. And you do not need to deny or diminish its importance either. What is important is that you recognise that money has an important part to play in your life, just like a good friend.

Affirmation: I have a healthy connection to money

2. Good intention

Money is neutral. It is neither good nor bad, positive nor negative. It is your intentions that determine whether money will ultimately serve you or not. If you use money with good intention, that good will return to you in whatever form you require. It may be more money, more business, more love, more wellness or whatever it is that is in your highest good. If you spend money on things that are good for you or others your purpose, your wellness, your loved ones, helping



others or to create a better world - the good shall return to you. If your intentions with money are not good for you or others - such as spending money on addictive substances, gambling, buying things that are not in your highest good, investing in industries or things that are destructive or wasting money - the good shall not return to you, and The Source may even begin to close off the channels of abundance. This is the Universal Law of Karma.

Affirmation: I use money with good intention

3. Respect

Respect requires that you treat money mindfully and wisely, just as you would treat a person you loved mindfully and wisely. Wasting money is an act of disrespect. Saying "it's ONLY money" are words of disrespect. Respect money and it will respect you. Respecting money means knowing its value and taking the time to manage it and to be conscious of how it is spent. The old saying "A fool and his money are soon parted" is true.

Affirmation: I choose to respect money

4. Neutrality

Being neutral with money means neither loving money too much nor too little. A neutral relationship with money requires that you aren't overly attached to it and miserly with it; nor are you denying its value. Any healthy friendship thrives when there is no clinging and no pushing away. Neutrality also means that we feel loving and at peace whether money is coming to us or going away from us. You can enjoy receiving money just as much as you can enjoy paying your bills.

Affirmation: I choose to feel neutral about money

5. Giving and receiving

Money is an energy that needs to circulate. That is why it is called currency. The Universal Law of Giving and Receiving deems that whatever you give away returns to you, and sometimes it comes back to you multiplied if you are choosing to spend and invest money on those things that are good for you and for others. Every good human relationship is based on giving and receiving in equal measure, and it is the same with money.

Affirmation: I enjoy receiving money and I enjoy spending money

6. Appreciation

Appreciation is gratitude. appreciate When you money you have now, it will expand. This is the Universal Law of Gratitude. Whatever you are grateful for, you shall receive more of. Whatever you do not appreciate will wither and die. So if you are not grateful for the money you have now, you are unlikely to draw more money to you. If you do not have much money, practise gratitude for the little you have and for all that you have that isn't money too. This will ensure that more money shall come to you.



Affirmation: I appreciate the money I have now

Balance

The Universal Law of Balance encourages you to seek balance in all things. The middle way is always the best way. When you become extreme in anything, you lose your power. A healthy relationship with money requires a balance of:

- Spending
- Receiving
- Saving.

When you choose a balanced approach in your financial affairs, you will reap the rewards in every way.

Affirmation: I choose to balance spending, receiving and saving money.

Conclusion

I hope this book has helped you gain some spiritual knowledge that may assist you becoming financially abundant, and shone some light on your current relationship with money. If you would like to go more deeply into this topic, please check out my books
Money Matrix and The 25 Universal Laws">Money Matrix and The 25 Universal Laws.

You deserve to live your best life, and an important part of living your best life is having money. Money gives you freedom and choice.



I hope this ebook has helped you.

My aim is to assist you on your journey of awakening. If you would like to receive regular communication and updates of my free live events, please <u>subscribe to my newsletter</u> and you can follow me on <u>Facebook</u>, <u>Instagram</u> or the Insight Timer app.

